


# AUGUST 2024

## First Step to Nutrition

AM Snack, Dinner & Eve Snack - 1% Milk/Whole Milk served to children age 1      WG= whole grain

\* Provider Signature: \_\_\_\_\_

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				AM - Animal Crackers/Milk Ham Slice Corn Watermelon Biscuit/Milk ES - WG Crackers/Milk	AM - WG Cinn Toast/Milk Chickpea Salad Tomato/Cucumber Peaches Breadsticks/Milk ES - PB Banana/Milk	
<b>4</b>	AM -Banana/Milk Sloppy Joes Broccoli Apple WG Bun/Milk ES - Graham Crackers/Milk	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>10</b>
		AM-String Cheese/Milk Chicken Legs Green Beans Fruit Cocktail Roll/Milk ES - WG Oatmeal/Milk	AM - Bagel/Milk Baked Ziti w/cheese Salad Pears Milk ES - WG Cracker/Milk	AM - Waffles/Milk Grilled Cheese Tomato Soup Strawberries WG Wheat Bread/Milk ES - Kix/Milk	AM - Soft Pretzels/Milk Scrambled Eggs Spinach Pineapple WG Wheat Pita Bread/Milk ES - Watermelon/Milk	
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
	AM - Apples/Milk Meatloaf Corn Applesauce WG Brown Rice/Milk ES - Yogurt/Milk	AM - Raisin Bread/Milk Baked Chicken Sweet Potato Fries Peaches Biscuit/Milk ES - WG Cracker/Milk	AM - Carrots/Milk Fish Fillets Lima Beans Kiwi WG Brown Rice/Milk ES - String Cheese/Milk	AM - English Muffin/Milk X Cheese Pizza Green Beans Fruit Cocktail Milk ES - WG Oatmeal/Milk	AM - Rice Cakes/Milk Chicken Salad Carrots Strawberries WG Wheat Bread/Milk ES - Frozen Bananas/Milk	
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
	AM - Apple /Milk Grilled Cheese Tomato Soup Pineapple WG Wheat Bread/Milk ES - Yogurt/Milk	AM - Peaches/Milk Scrambled Eggs Hash Browns Mandarin Oranges English Muffin/Milk ES - WG Crackers/Milk	AM - Croissants/Milk Ham Sandwich Cucumbers Grapes WG Wheat Bread/Milk ES - Pretzels/Milk	AM - Oatmeal/Milk Chicken Legs Cauliflower Fruit Cocktail WG Brown Rice/Milk ES - Peach Smoothie/Milk	AM - Animal Crackers/Milk Cheese Pizza Muffin Salad Applesauce English Muffin/Milk ES -WG Oatmeal/Milk	
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
	AM - Yogurt/Milk Beef Tacos Lettuce/Tomato Fruit Cocktail WG Tortillas/Milk ES - String Cheese/Milk	AM - French Toast/Milk Lasagna w/Cheese Salad Strawberries Milk ES - WG Crackers/Milk	AM - Bagel/Milk PBJ and String Cheese Cucumbers Peaches WG Wheat Bread/Milk ES - Banana/Milk	AM - Applesauce/Milk Chicken Stir Fry Broccoli Pineapple WG Rice/Milk ES - Pretzels/Milk	AM - String Cheese/Milk Quiche Spinach Oranges Pie Crust/Milk ES - WG Oatmeal/Milk	